SAUBLE SANDPIPERS MARCH 2024 NEWSLETTER



Welcome to a new month with Sandpiper activities and events to enjoy and future events to put into your calendars.

CARING FOR CANCER

The dedicated women who work on the Caring for Cancer project continue to produce much needed and appreciated items for those undergoing cancer treatment including chemotherapy. Any Sandpiper with a friend or family member who could benefit from the gift of a lap quilt, head covering or sleep cap should call: Beatrice Dougall @ 519-489-4580 And please note, your donation of new and/or used flannel sheets would be appreciated. Please contact Beatrice to arrange the dropoff.

MARCH SOUP'S ON LUNCH

Please plan to join us for our monthly \$5 lunch get together. Wednesday, March 20 – 11:30 am – 12:30 pm. Soup choices - Cream of Vegetable. Cream of Potato & Leek. Minestrone + bread/roll, dessert, coffee/tea

MEMBERS' GENERAL MEETING & PIZZA LUNCH

Date – Monday, April 8, 2024

Time – 11:30 am

We will have a guest speaker, Lauren Gardner MN NP – Regional Geriatric Program of Southwestern Ontario.

Lauren will lead a discussion on a project supporting health and social service navigation for older adults in our community.

A \$5 pizza lunch will follow . This will be the perfect time for you to renew your annual membership . Please plan to attend.

TINA TURNER THE MUSICAL BUS TRIP

If you've been thinking about coming on this trip with us, please act soon.

There are only 9 seats/tickets left.

Wednesday, July 24th.

\$220 per person includes the bus trip, show ticket and Mandarin dinner on the return trip, To reserve one of the only 9 seats left, please contact:

Shirley Hales – 416-729-3821 <u>shirleyhalesfrost@gmail.com</u>

HOPE SPRINGS ETERNAL LUNCHEON

Details below ... please come out and join our Caring for Cancer fundraiser.



REGULARLY SCHEDULED ACTIVITIES

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Please feel free to join us in any of the following :

Bridge	Monday & Wednesday afternoons
Bid Euchre	Tuesday afternoon
SOLO	Wednesday morning
Shuffleboard	Monday & Wednesday afternoons
Billiards	Thursday & Friday afternoons.
Quilting	Monday & Wednesday mornings
Creative Stitchers	Friday morning
And the Wiarton Sandpipers meet Wednesday morning at St. John's Church.	
All are welcome to take part in these activities.	
For more information call Shirley Hales @ 416-729-3821.	